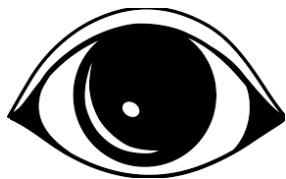


# Pick a Strategy!



## **Physical**

Smell a flower; blow a candle



## **Visual**

Put your TV on.



## **Verbal**

I can do it! I will try!



## **Humor**

Ha ha ha!



**Start your 1 minute.**